

# LADIES'

## SIZE SCALE GUIDE

Scale guides refer to body measurements.

When using size scales, please refer to catalog product pages for the sizes offered in the style you are purchasing.

### Tops and Blazers

Alpha Size	XXS		XS		S		M		L		XL		2XL		3XL		4XL	
Blazers   Regular 5'8" and Shorter	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Blazers   Tall 5'8" and Taller		4T	6T	8T	10T	12T	14T	16T	18T									
Bust	31¼	32¼	33¼	34¼	35¼	36¼	37¼	38¼	40¼	41¼	43¼	45¼	47¼	49¼	51¼	53¼	55¼	57¼
Natural Waist	24¼	25¼	26¼	27¼	28¼	29¼	30¼	32¼	34	35¼	38¼	40¼	43¼	45¼	48	50¼	52½	54¼
High Hip	30	31	32	33	34	35	36	37½	39¼	41	43½	46	48½	51	53½	55¼	57½	59½
Low Hip	33½	34½	35½	36½	37½	38½	39½	41	42½	44	46	48	50	52	54	56	58	60

### Outerwear Jackets

Alpha Size	XXS		XS		S		M		L		XL		2XL		3XL		4XL	
Numeric Size			0-4		6-8		10-12		14-16		18-20		22-24		26-28		30-32	
Bust			33¼-34¼		35¼-36¼		37¼-38¼		40¼-41¼		43¼-45¼		47¼-49¼		51¼-53¼		55¼-57¼	
Natural Waist			26¼-27¼		28¼-29¼		30¼-32¼		34-35¼		38¼-40¼		43¼-45¼		48-50¼		52½-54¼	
High Hip			32-33		34-35		36-37½		39¼-41		43½-46		48½-51		53½-55¼		57½-59½	
Low Hip			35½-36½		37½-38½		39½-41		42½-44		46-48		50-52		54-56		58-60	

### Pants, Shorts and Skirts

Alpha Size	XXS		XS		S		M		L		XL		2XL		3XL		4XL	
Numeric Size	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Natural Waist	24¼	25¼	26¼	27¼	28¼	29¼	30¼	32¼	34	35¼	38¼	40¼	43¼	45¼	48	50¼	52½	54¼
High Hip	30	31	32	33	34	35	36	37½	39¼	41	43½	46	48½	51	53½	55¼	57½	59½
Low Hip	33½	34½	35½	36½	37½	38½	39½	41	42½	44	46	48	50	52	54	56	58	60

Ladies' pants will finish 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35 hemmed. Hemmed bottoms can be ordered in 1" increments only. Inseams 25, 26, 27, 29, 31, 33 and 35 are nonreturnable.

### Alpha Shirts and Vests

Alpha Size	XXS		XS		S		M		L		XL		2XL		3XL		4XL	
Numeric Size			0-2		4-6		8-10		12-14		16-18		20-22		24-26		28-30	32
Bust			33		34-35		36-37		38½-40		41½-43½		45½-47		49-51		53-54	55-56

### Pants, Shorts and Skirts

Size	00	0	2	4	6	8	10	12	14	16	18	18W	20W	22W	24W	26W	28W
Waist	24	25	26	27	28	29	30	31½	33	34½	36½	41	43	45	47	49	51
Hips	32	34	36	37	38	39	40	41½	43	44½	46½	49	51	53	55	57	59

Ladies' pants will finish 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35 hemmed. Hemmed bottoms can be ordered in 1" increments only. Inseams 25, 26, 27, 29, 31, 33 and 35 are nonreturnable.

### Blazers and Coats

Regular 5'8" and Shorter	00	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28
Tall 5'8" and Taller				4T	6T	8T	10T	12T	14T	16T	18T					
Bust	31	32	33	34	35	36	37	38½	40	41½	43½	45½	47	49	51	53
Waist	24	25	26	27	28	29	30	31½	33	34½	36½	38½	41	43	45	47

Hips	33	34	36	37	38	39	40	41½	43	44½	46½	48½	49	51	53	55
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### Chef Coats

Alpha Size	XS	S	M	L	XL	2XL	3XL
Chest/Bust	32-33	33-34	35-37	37-40	40-43	45-48	48-51
Waist	22-23	23-25	25-28	28-31	31-35	35-39	39-43
Hip	32-34	34-36	36-39	39-42	42-46	46-50	50-53

### Housekeeping Tunics and Pants

Alpha Size	XXS	XS	S	M	L	XL	2XL	3XL
Numeric Size	0-2	4-6	6-10	12-14	16-18	20-22	24-26	28-30
Bust	32-33	34-35	36-37	38½-40	41½-43½	45½-47	49-51	53-54
Waist	24-26	27-28	29-30	31½-33	34½-36½	38½-41	43-45	47-51
Hip	34-36	37-38	39-40	41½-43	44½-46½	48½-49	51-53	55-59

## UNISEX SIZE SCALE GUIDE

### Polos, Outerwear Jackets and Pants

Alpha Size	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Ladies' Numeric Size	0	2-4	6-8	10-12	14-16	18-20	22-24	26-28	30-32	34-36	38-40
Neck	13	14	14-14½	15-15½	16-16½	17-17½	18-18½	19-19½	20-20½	21-21½	22-22½
Sleeve Length   Regular ( R )	31	31	33	35	35	35	35	35	35	35	
Sleeve Length   Tall ( T )					37T	37T	37T	37T			
Chest	33	34	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68
Natural Waist	26¾	27¼	27½-29½	32½-34½	36¾-39	41¼-43½	46-48½	50¾-53	55¼-57½	59¾-62	64¼-66½
Low Hip	22½-24½	27½-29½	32½-34½	37½-39½	41¼-43	44½-46	47½-49	51-53	55-57	59-61	63-65

# MEN'S SIZE SCALE GUIDE

Scale guides refer to body measurements.

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## Men's Size Scale H

### Dress Shirts, Casual Shirts & Vests

Alpha Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck	14½–14¾	15¼–15¾	16¼–16¾	17¼–17¾	18¼–18¾	19¼–19¾	20¼–20¾	21¼–21¾	22¼–22¾
Chest	36	38–40	42–44	46–48	50–52	54–56	58–60	62–64	66–68
Natural Waist	29½	32½–34½	36¾–39	41¼–43½	46–48½	50¾–53	55¼–57½	59¾–62	64¼–66½
Long Sleeve Length   Regular	R	R	R	R	R	R			
Long Sleeve Length   Tall		T	T	T	T	T	T	T	T
Short Sleeve   Regular ( R )	R	R	R	R	R	R			
Short Sleeve   Tall (T)		T	T	T	T	T	T	T	T

T=Talls; Talls have 2" longer body.

### Outerwear Jackets

Alpha Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck	14–14½	15–15½	16–16½	17–17½	18–18½	19–19½	20–20½	21–21½	22–22½
Sleeve Length   Regular	33	35	35	35	35	35			
Sleeve Length   Tall			37T	37T	37T	37T	37T	37T	37T
Chest	34–36	38–40	42–44	46–48	50–52	54–56	58–60	62–64	66–68
Natural Waist	27½–29½	32½–34½	36¾–39	41¼–43½	46–48½	50¾–53	55¼–57½	59¾–62	64¼–66½
Low Hip	32½–34½	37½–39½	41¼–43	44½–46	47½–49	53–55	57–59	61–63	65–67

T=Talls; Talls have 2" longer body.

### Blazers

Alpha Size	S		M		L		XL		2XL		3XL		4XL		5XL	
Numeric Size	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	
Blazers Short   5'3"–5'7"	34	36	38	40	42	44	46									
Blazers Regular   5'7"–6'0"	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	
Blazers Long   6'0" and Taller	38	40	42	44	46	48	50	52	54	56	58	60	62			

